

## Program und classes 2024



Neil Saadi Douglas-Klotz, Scotland

### ***The Return of Holy Wisdom: recovering the Forgotten Way of Being Human***

Teachings, chant, meditations, body awareness, and sacred movement (including walking meditation, body prayer, Dances of Universal Peace, and Sufi zikr) from the long, hidden tradition of Sophia-Holy Wisdom. Our main thread will explore the deep meditations in the ancient text “Thunder, Perfect Mind” in parallel with Jesus’ teachings in Aramaic and selected “Beautiful Names” in the Qur’an. In everyday life, we often struggle to make decisions about the many challenges we face. The same is true globally, where problems and challenges abound. Reclaiming the tradition of the Deeper Heart that leads to light-filled vision and Sacred Sense allows us to become channels for a different way of being human, one person at a time.



Alima Stoeckel, Germany

### ***The Way of the Aramaic Beatitudes***

We dive into the sounds and dances of the Aramaic Beatitudes and let their wisdom guide us. Their atmosphere in combination with body-centered meditations and practices can help us to open even more deeply to their healing and blessing power and step into a process of renewal and refocusing.



Brita Baraka von Kügelgen and  
Hauke Jelaluddin Sturm, Germany

### ***Sufi healing and Soulwork: Healing and Peace in this Time***

We can only give to the world and to people what we have ourselves. That is why our self-healing is so important, as Hazrat Inayat Khan always emphasizes. So we will do Sufi healing exercises and healing meditations together to heal and strengthen ourselves, also with the help of Sufi Soulwork. Then we can pass this on--for the benefit of all beings and our planet Earth.



Jean Pierre Salik David, France

### ***Chivalry of the Heart: Contemplations for Daily Life***

Practices from the transmission of Murshid SAM and Hazrat Inayat Khan, including: healing ritual for places of deep suffering; zikr of Inayat Khan; walking meditations with symbols for remembrance in the midst of turmoil, and Beautiful Names to be proactively in the moment with love.



Natalia Nur Jahan, Scotland

### ***Thy Light is in All Forms, Thy Love in All Beings***

The hypnosis of this apparent world makes us believe ourselves to be small and fragile, sometimes even unloved and unworthy. We forget the magnificence of Love and Light that we are part of, that is our Truth, our real Life. Just how can we re-discover that, in reality, we are capable of embracing and sustaining a great amount of Light, are able to channel boundless Love and Delicacy into the world? Through Sufi practice, which will include the Beautiful Names, zikr and tasawwuri walks, as well as though meditation and energy work, we will endeavour to reach for the Light, expecting to open our hearts to the ongoing flow of support that is pouring upon us each moment of our life.



Rafia Sieglin, Germany

### ***A Meeting with Murshid SAM***

Murshid SAM has left us an incredible treasure of scriptures, exercises, meditations, stories, walks and dances. Connected to the living spirit of SAM, we will explore and experience this treasure to the fullest. And as Joe Miller, a good friend of SAM, called out at Murshid’s funeral „Yes, SAM is here,“ we can open our hearts to an inner encounter with him, so that at the end of the course we too can say „Yes, SAM is here!“



Rahmana Dziubany, Germany

### ***In Tune with Myself: Finding My Place in the Orchestra of Life***

Our divine heritage entails that our soul carries personal notes that make us unique. Our growing and becoming is the search for the sound that brings us into

harmony with ourselves and our destiny, so that we can better recognize and understand ourselves and life, and come into unison to sing our very own song. We go in search of traces in our innermost being and listen deeply to the diverse voices: with exercises of our Sufi practice, but also with play, creative-artistic processes, and the inner parts work according to Prof. Tom Holmes. Are we becoming the conductor of our lives?!



Tara and Maboud Swierkoszcz, USA

### ***The Confluence of Soul and Self***

When the rivers of Soul and Self are meandering harmoniously together, we may experience inspiration, clarity of purpose and the feeling of being embraced and known by the Divine Presence. However, we often find that the river of Self strays away from the river of Soul and we may be entangled in loneliness, self-conflict, and defensiveness, while bracing ourselves against the currents of everyday difficulties. When we open our being to receive the gifts of the Most Beautiful Names (asma ul-husna), we cultivate a feeling of intimacy between Self and Soul within the breath of the present moment, so that wisdom and love can enrich our lives in new ways. Through song, body prayer, wasifa-inspired dances, meditation, and sharing, we will tune our hearts to the One Love, that we may live in a richer kinship of being within ourselves, with others, and the earth.



Raaja Hakim Fischer, Germany

### ***Sacred Songs, Zikr, Dances of Universal Peace***



Khabir Christian Mayer-Glauning, Germany

### ***Dances of Universal Peace, Sufi practice, Wisdom Stories***

Full Class Descriptions Online:

<https://europeansufischool.org/classes-2024/>

# 22. EUROPEAN SUFİ SUMMER SCHOOL 2024

## *The Return of Holy Wisdom Uncovering the Forgotten Way of Being Human*



I. – 7. July 2024  
Monday – Sunday  
Proitzer Mühle near Uelzen



EUROPEAN SUFI SUMMER SCHOOL 2024:

## The Return of Holy Wisdom



Today we find many calls for a new way to be human, more in tune with our environment and with each other. Globally and individually we often struggle to make decisions about the many challenges we face, when none of the alternatives seem good. Einstein once commented, “we cannot solve problems from the same consciousness that created them.”

In the ancient world, we find intimations that human beings in the future will become more conscious of themselves in freely chosen, loving relationships to other people, nature, and the cosmos. A long, ancient tradition links this new humanity with the **reappearance of Sophia—Holy Wisdom** in each of us. Some say that the Sufis were named after her, as were the ancient philosophers, a word that originally meant “lovers of Sophia.”

At this year’s summer school, we will dive into this long tradition by sharing the deep meditations contained in the **Holy Wisdom text “Thunder, Perfect Mind,”** as we also continue to explore **Jesus’ teachings in Aramaic** in relation to the **Beautiful Names in the Qur’an**. A full range of classes will share chant, healing practices, meditation, body awareness, walking meditation, body prayer, Dances of Universal Peace, and Sufi zikr. Through all these tools, we can open all our senses to **freeing Sacred Sense** within us and reawaken the wisdom of Sophia in our lives.

Open to all. You are welcome to join us!

**The European Sufi Summer School** is open to all. It is rooted in an open spiritual tradition of the ancient Chistia lineage of Sufism. Our transmission (ruhaniyya) is through Murshid Hazrat Inayat Khan, Murshid Sufi Ahmed Murad Chisti (Samuel L. Lewis) and Murshid Moineddin Jablonski. Threads of their individual spiritual practice also include Zen Buddhism, mystical Christianity, Bhakti and Advaita Yoga, and Kaballah.

The Summer School is staffed by dedicated students connected in various ways to and through this line of spiritual transmission. It is not legally or financially connected with any other Sufi corporation, organisation, or project.

Our Summer School celebrates the living way of the many paths of the heart through Sufi zikr (Remembrance), sitting and walking meditation, healing, spiritual music, Soulwork and Spiritual Psychology, art, and Dances of Universal Peace, and more.



We emphasize teaching “in the footsteps of” our spiritual ancestors with language and practice adapted to the current challenges of humanity and the planet as a whole. No prior experience is necessary except a heart open to wisdom from the world’s many traditions.

**All classes are conducted in English and German.**

**Location:** Our gatherings take place in Protzer Muehle in North Germany, in the hills of a nature reserve park of the Elba River. Surrounded by forests, meadows, and lakes it is an old water mill, whose history goes back to the 14th century. The build-



ings are on a 10-hectare site and have been remodeled to a high standard. It is now a venue for spiritual seminars and dance groups.

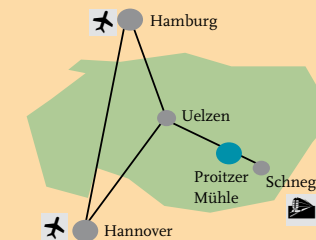
The main house features a large dance hall with a wooden spring-floor, where we hold our main sessions. Two more meeting rooms provide us with the opportunity to have a few classes running simultaneously. The area provides a lot of opportunity for spending quality time outdoors, weather permitting. Be that a long walk along the fields and even into the forests, a courageous dive in a local pond, or simply dining al-fresco or just having a cuppa at one of the many sitting areas around the mill, fresh air of the German countryside gives us a pleasurable summer experience.

The venue has plentiful accommodation in the main house, as well as in two newer houses. Most of the rooms are en-suite, and those that are not share a bathroom with one or (more rarely) two other rooms.



**Director:** Saadi Neil Douglas-Klotz  
**Assistant Director, Webmaster:** Natalia Nur Jahan  
**Manager:** Zahira Carmen Neuberger

**For more information  
and route description**  
[www.proitzer-muehle.de](http://www.proitzer-muehle.de)



**1.-7. July 2024,  
Summer School Tuition  
and Accommodation:**

We are reintroducing the “early bird” discount: you can get € 50 off the ticket price (€ 100 for couples) if we receive your deposit of € 250 by March, 1.

**2024 prices:**

**Tuition:** € 470 per person. Couples: € 890.  
Young adults (18-28): € 290, reduced (in education) € 210.

**Accommodation** (bed+standard meals, per person, for 6 nights):  
Single room (just a few available!) – € 530-560  
Double room – € 392-410 Three bed room € 380  
Mattress room/own tent – € 296

*Limited number of tickets with additional discounts is available every year, please enquire early!*

**Diet:**

Our standard diet is vegetarian.  
Special diets — vegan, gluten free, dairy free — € 8/day.

**Info email:** [info@europeansufischool.org](mailto:info@europeansufischool.org)

**Registration and room booking** only online at our website, where you can also find more information:

<https://europeansufischool.org/>